

“International Yoga Day - 2022 (IDY).”

Celebration on 21st June, 2022.

Nagaon G.N.D.G. Commerce College

Nagaon G.N.D.G. Commerce College has observed 8th International Day of Yoga – 2022 as per the programme planned by Ministry of Ayush and framed by the Office of the Director of Higher Education Assam. The college celebrated the occasion in association with NSS Unit of College. The Yoga Day began at 6:30 am with the Broadcast of the Prime Minister live speech, from Mysore palace. On around 7:30 am the lighting of lamp was done by Dr. Mriganka Saikia, Principal of the College. The entire Yoga Programme was conducted by Yoga trainer Mr. Krishna Kamal Das. More than 100 participants comprising students, teaching and non – teaching staff participated in this programme. The Programme finally came to end with the “Shanti Path” by the participants.



