## Celebration of International Yoga Day On 21<sup>st</sup> June, 2024

## At

## Nagaon G.N.D.G. Commerce College

On  $21^{st}$  June, 2024, the NSS and NCC Unit of Nagaon G.N.D.G. Commerce College observed International Yoga Day – 2024, by conducting a Yoga Mohoutsav at the college campus in association with Patanjali Yoga Samitee.

The programme was started by the lighting of lamp by Dr. Mriganka Saikia, Principal of the College accompanied by the members Nagaon Patanjali Yoga Samitee. Later the principal along with NSS Volunteers, NCC Cadets and other students, other college staff and members from Patanjali Yoga Samitee took participation in the programme by performing yoga asana as per common yoga protocol of the AYUSH Ministry. The Yoga session was carried out under the supervision of Yoga expert Sri. Tapan Dey.



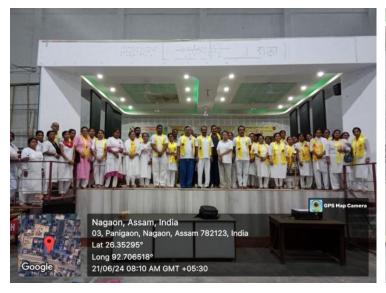














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