

CELEBRATION OF NATIONAL SPORTS DAY, 2025

AT NAGAON G.N.D.G. COMMERCE COLLEGE

Nagaon G.N.D.G. Commerce College celebrated National Sports Day on August 29, 2025, with a series of events highlighting the importance of fitness and sports. As part of the celebration, a special talk on fitness was organized. The programme was inaugurated by the Principal, Dr. Mriganka Saikia, who briefly spoke on the significance of fitness and yoga in daily life. The resource person, Sri Prabhat Ch. Bora, Yoga Guru, Vice-President of the Yoga Federation of India and Secretary of the Assam Yoga Association, addressed the gathering. In his talk, he explained the benefits of yoga and regular exercise for a healthy and disciplined life. The programme was anchored by Dr. Kalpendra Das, Assistant Professor, Department of Finance. It was attended by faculty members, non-teaching staff, NCC cadets, NSS volunteers and students of the college. As a part of National Sports Day celebration, the college also organized various sports events including Tug of War, Chess and Carrom competitions. Students participated enthusiastically and showcased their talent, coordination and team spirit.



Dr. Mriganka Saikia
PRINCIPAL
NAGAON GNDG
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